

UCSF Memory and Aging Center Web Resources

GENERAL INFORMATION AND RESOURCES

Alzheimer's Association: www.alz.org

Website includes current news item, general information about the organization, caregiver resources, public policy alerts, press releases, AA chapter information, medical information and upcoming events

Alzheimer's Disease Education and Referral Center (ADEAR): www.nia.nih.gov/Alzheimers
Publications and information about dementia

Brain: www.med.harvard.edu/AANLIB/home.html
Whole brain atlas

Department of Motor Vehicles (DMV): www.dmv.ca.gov
Information about the DMV, reporting guidelines, and testing

Family Caregiver Alliance: www.caregiver.org
Caregiver resource center for brain impaired adults, support groups, education, care planning, research and advocacy

The Hartford: www.thehartford.com/alzheimers
Information about Alzheimer's disease, dementia and driving

Social Security Administration: ssa.gov
Anything you could possibly want or need to know about social security, guide for employees, research and statistics, legislation, benefits, public information resources

University of California, San Francisco, Memory and Aging Center: memory.ucsf.edu
Information about Alzheimer's and non-Alzheimer's dementia, practical tips and resources for caregivers, educational videos and online community

University of California, San Francisco, Memory and Aging Center YouTube Channel:
www.youtube.com/ucsfmemoryandaging
A series of educational videos designed to generate broader awareness of diseases leading to dementia, improve diagnostic accuracy and enhance care

US Department of Health & Human Services Healthfinder: www.healthfinder.gov
Health issues from food, safety, government health, prevention and self-care from children to seniors

Veteran Affairs (VA): www.med.va.gov
Information about eligibility and health benefits and services for veterans

VideoCaregiving: www.videocaregiving.org
Link to videos with discussion and information about caregiving issues

AGING

Administration on Aging (AoA): www.aoa.gov

Important topics such as Department of Justice guidelines for providers implementing immigration related sections of the Welfare Reform Act.

American Association of Retired Persons (AARP): www.aarp.org

800-424-3410

202-434-2277 (publications on caregiving)

This popular consumer group posts policy statements and position papers

American Geriatrics Society (AGS): www.americangeriatrics.org

AGS provides professional and consumer information

Children of Aging Parents: www.caps4caregivers.org

212-945-6900 and 800-227-7294

Health Care Financing Administration (HCFA): hcfa.hhs.gov

The largest purchaser of managed care for older people, latest on Medicare and provider-sponsored organizations, telephone numbers, regulations and consumer information

National Institute of Aging (NIA): www.nia.nih.gov

www.niapublications.org/shopdisplayproducts.asp?id=45&cat=All+Age+Pages

Information on health and aging called Age Pages

LIFE PLANNING/CARE OPTIONS

California Nursing Home Search: www.nursinghomeguide.org

Provides comparative information about the quality of California's nursing homes

Medicare: www.medicare.gov

Information about nursing homes in your area along with facility ratings

National Association of Area Agencies on Aging: www.n4a.org

Information about free legal and financial services

National Association of Professional Geriatric Care Managers: www.caremanager.org

DISEASE SPECIFIC

University of California, San Francisco, Memory and Aging Center: memory.ucsf.edu

Information and links to resources for all types of dementia

Alzheimer's Disease (AD):

memory.ucsf.edu/Education/Disease/ad.html

www.alz.org

www.caregiver.org (see factsheet)

www.nia.nih.gov/alzheimers

www.ninds.nih.gov

Dementia with Lewy-Bodies (DLB)/Alzheimer's Disease with Lewy-Bodies

memory.ucsf.edu/Education/Disease/dlb.html

www.alz.org

www.caregiver.org (see factsheet)

www.lbda.org

www.ninds.nih.gov

www.pdsg.org.uk

Frontotemporal dementia (FTD)/Frontotemporal lobar degeneration (FTLD)/Pick's Disease/ FTD parkinsonian linked to chromosome 17 (FTDP-17):

memory.ucsf.edu/ftd

www.caregiver.org (see factsheet)

www.ftd-picks.org

FTD caregivers group: www.ftd-picks.org/mailman/listinfo/caregivergroups-list_ftd-picks.org

Respite care grant application: www.ftd-picks.org/files/Respite_Care_Materials.pdf
www.ftdsupport.com

www.ftdsupportforum.com

www.mayoclinic.com/health/frontotemporal-dementia/DS00874

www.neurology.org/cgi/collection/frontotemporal_dementia

www.ninds.nih.gov

www.nlm.nih.gov/medlineplus/ency/article/000744.htm

www.pdsg.org.uk

Vascular Dementia (VaD) Multiinfarct Dementia (MID), Strokes:

memory.ucsf.edu/Education/Disease/vad.html

www.caregiver.org (see factsheet)

www.ninds.nih.gov

www.strokeassociation.org

Stroke Connection magazine: www.strokeassociation.org/presenter.jhtml?identifier=2533

Creutzfeldt-Jakob Disease (CJD)

memory.ucsf.edu/cjd

www.cjd.ed.ac.uk

www.cjdvoice.org

www.ninds.nih.gov

Progressive Supranuclear Palsy (PSP)

memory.ucsf.edu/Education/Disease/psp.html

www.ninds.nih.gov

www.psp.org

www.wemove.org

Corticobasal Degeneration (CBD)

memory.ucsf.edu/Education/Disease/cbd.html

www.ninds.nih.gov

www.wemove.org

Primary Progressive Aphasia (PPA)

memory.ucsf.edu/ftd/overview/biology/language/multiple/aphasia
dementia.ion.ucl.ac.uk
www.aphasia.org

Amyotrophic lateral sclerosis (ALS)

memory.ucsf.edu/Education/Disease/als.html
www.alsa.org
www.caregiver.org (see factsheet)
www.ninds.nih.gov

Huntington's disease (HD)

memory.ucsf.edu/Education/Disease/hd.html
www.caregiver.org (see factsheet)
www.hdsa.org
www.ninds.nih.gov
www.stanford.edu/group/hopes

MEDICATION QUESTIONS

CenterWatch: www.centerwatch.com

Clinical trials listings, drug information, health and educational resources, and industry news

Epocrates Online: rxonline.epocrates.com (requires a free account)

Information about drugs, side effects and common use

PharmWeb: www.pharmweb.net

Features patient information, conference information, discussion rooms, government and regulatory bodies

Rx-List: www.rxlist.com

Includes drug interactions for the most commonly used agents, keyword search, alternative medicine, information and education

RESEARCH

UCSF Memory and Aging Center clinical research: memory.ucsf.edu/Research/MAC.htm

Lists current research studies and clinical trials at the UCSF Memory and Aging Center

ClinicalTrials.gov: www.clinicaltrials.gov

A registry of federally and privately supported clinical trials conducted in the United States and around the world

HEALTHY LIFESTYLES

Alzheimer's Association: Brain Health:

www.alz.org/we_can_help_brain_health_maintain_your_brain.asp

Offers suggestions and activities for maintaining a healthy brain

Dementia Guide: Helping People Affected by Dementia:

www.dementiaguide.com/aboutdementia/treatments/exercise_program

Information about exercise

The Dana Alliance for Brain Initiative: www.dana.org/brain.aspx

Dana Brain Resource Center

GENETICS

The Genetic Alliance: www.geneticalliance.org

Crossroads for patient advocacy groups, government entities, private organizations and the community

Genetics Home Reference: ghr.nlm.nih.gov

US National Library of Medicine resource to search for information on the genetics of neurodegenerative disease

Medline Plus: www.nlm.nih.gov/medlineplus/genetictesting.html

Basic information on genetic testing with links to related sites

National Society of Genetic Counselors: www.nsgc.org

Information about genetic counseling and how to locate a genetic counselor in your area