

# Pre-Hospitalization Checklist for Patients with Memory Impairment

## Important Items to Bring to the Hospital

- List of medications with dosage and times given
- Personal security items
  - Pictures
  - Special blanket
  - Special pillow
  - Spiritual objects
- Music

## Information to Share with Hospital Staff

- Name to address patient/nickname
- Cues to assist patient with medication administration
  - Type of fluid
  - Time of day to administer
  - Words to encourage patient to take meds
- Sleep routines
  - Time patient goes to bed
  - Time patient gets up
  - Bedtime ritual
- Mealtime routines
  - Time for breakfast/food preferences
  - Time for lunch/food preferences
  - Time for dinner/food preferences
  - Time for snacks/food preferences
- Bathing routines
  - Independent or assisted bathing?
  - Shower or towel bath?

